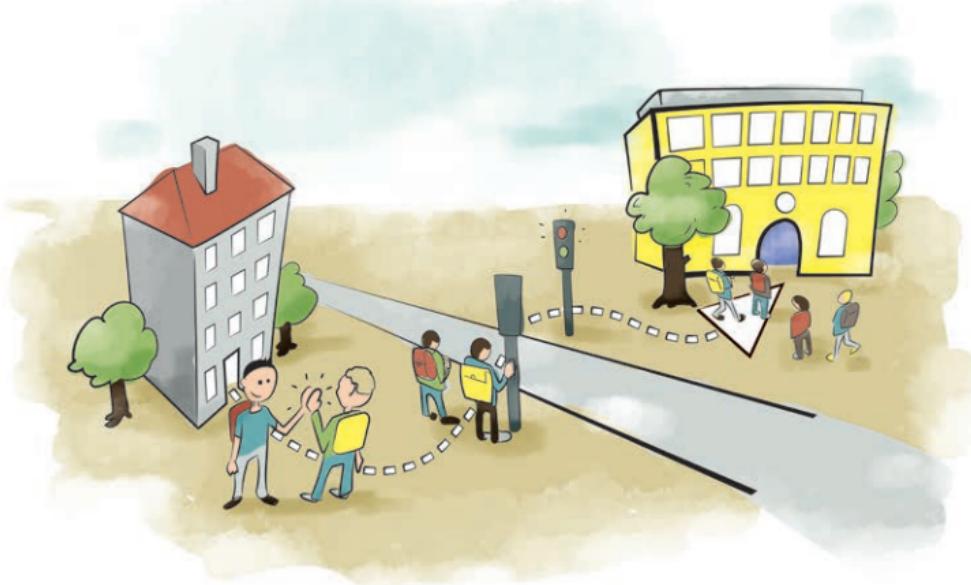


Mein Kind kommt in die Schule



**A guide for school
enrollment addressing
parents and children**

My school day



**Niedersachsen.
Klar.**

To parents, guardians and carers,



So your child is starting school! You may be asking yourself: What's going to change for us?

This easy-to-follow leaflet will help answer this question by looking at daily school routines. A day at school is more than

just a couple of classes. Pupils need the right support system in this new situation. This includes encouragement with getting up on time in the morning, going to bed early in the evening, and healthy meals both at home and at school. This leaflet suggests ways you can support your child.

We all want the best for him or her. And, with good communication between everyone involved, things should work out fine.

I wish your child an excellent start at school!

Julia Willie Hamburg

Julia Willie Hamburg

Lower Saxony Minister for Education

Hello. We are Tim's parents. We will tell you how we support Tim during his school day.



We wake Tim up in time so we can have breakfast together.

Tip 1: Get up in time and have breakfast together

My journey to school is not long. I walk to school, sometimes together with other children from my class.



After enrollment we accompanied Tim to school for a couple of days. **Now he can manage on his own.**



We send Tim to school early enough so he gets there on time.

Tip 3: Make sure to be at school before class starts

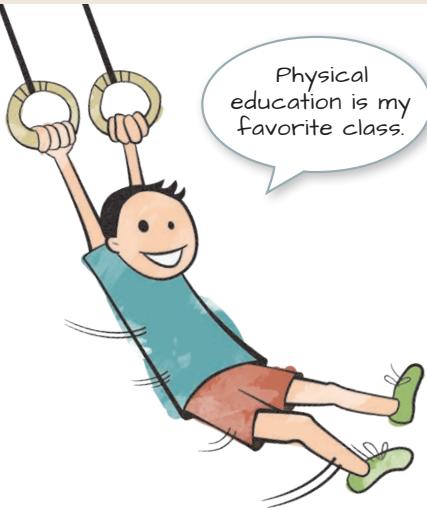


Tip 2: Walk to school by yourself



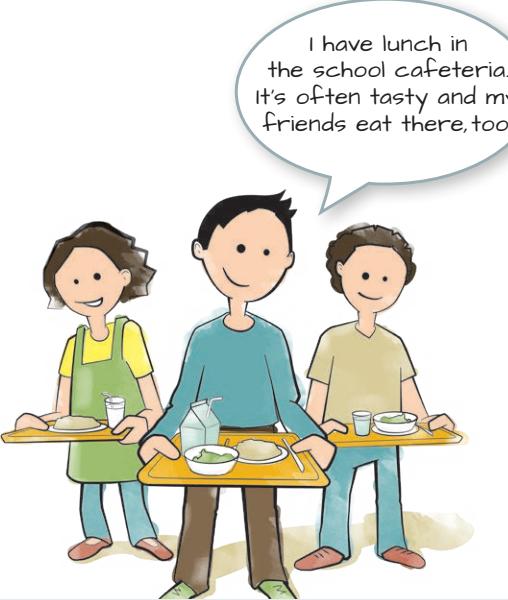
Tim shows us **the things he did in school**. We show interest in them.

Tip 4: Pay attention during class and get involved



We make sure Tim takes his sports gear with him when he has PE class: sport clothing, sport shoes. Every day we help him organize and pack his bag for school.

Tip 5: Organize and pack the schoolbag every day



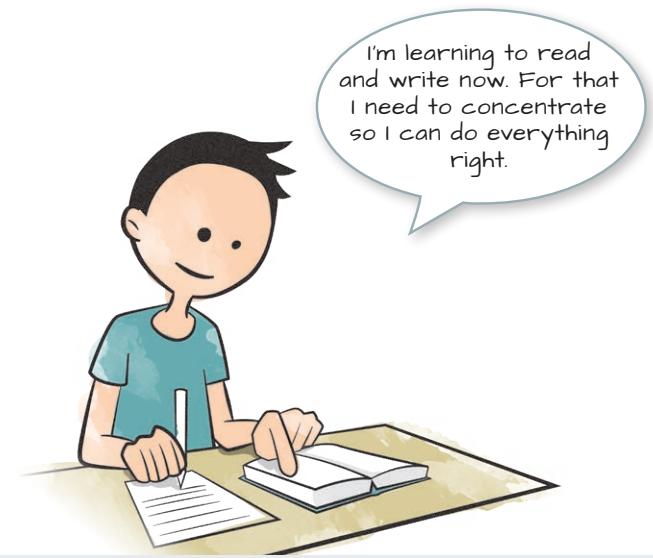
We signed Tim up for **lunch at school** and pay for it. Also we pack him **a healthy snack and a drink** for the long break.

Tip 6: Eat and drink enough healthy food and beverages at school



Tim is enjoying what the full-time programme has to offer – and we know that he is taken good care of.

Tipp 7: Vorhandene Ganztagsangebote nutzen



We are happy about Tim's progress in reading and writing. He likes practising at home. That is why he has **his own desk**. We ask about his homework every day and let him explain to us what he did.

Tip 8: Practice for school at home in peace



Tip 10: Read to your child before she / he falls asleep



Tip 9: Eat dinner together and talk about the day

Niedersächsisches
Kultusministerium

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