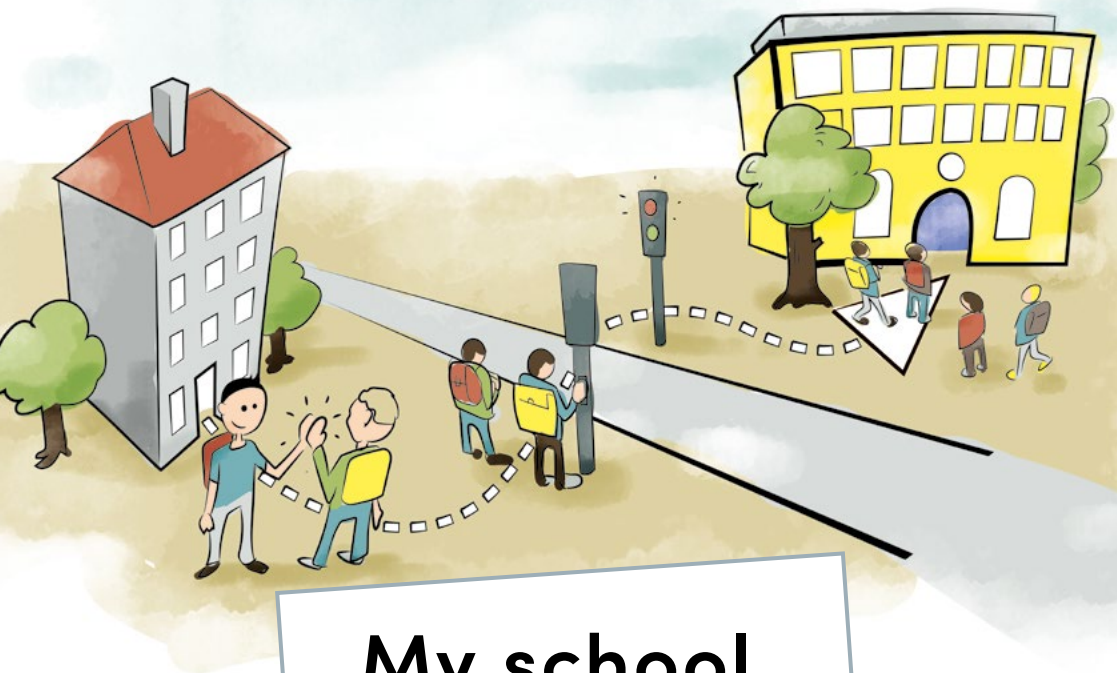


Mein Kind kommt in die Schule

My child is starting school

**A guide for school enrollment
addressing parents and children**



**My school
day**



Niedersächsisches
Kultusministerium

To parents,
guardians and
carers,

**So your child is starting school?
You may be asking yourself: what's
going to change for us? This easy-
to-follow leaflet will help answer
this question.**

Our focus here is on daily school routines. The school day involves more than just a few lessons. What pupils need in this new situation is the right support system. This includes encouragement with getting up on time in the morning, going to bed early in the evening, and healthy meals both at home and at school.

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»»»» This leaflet suggests ways you can support your child.

We all want the very best for your child. The more we all work together, the better for your child.

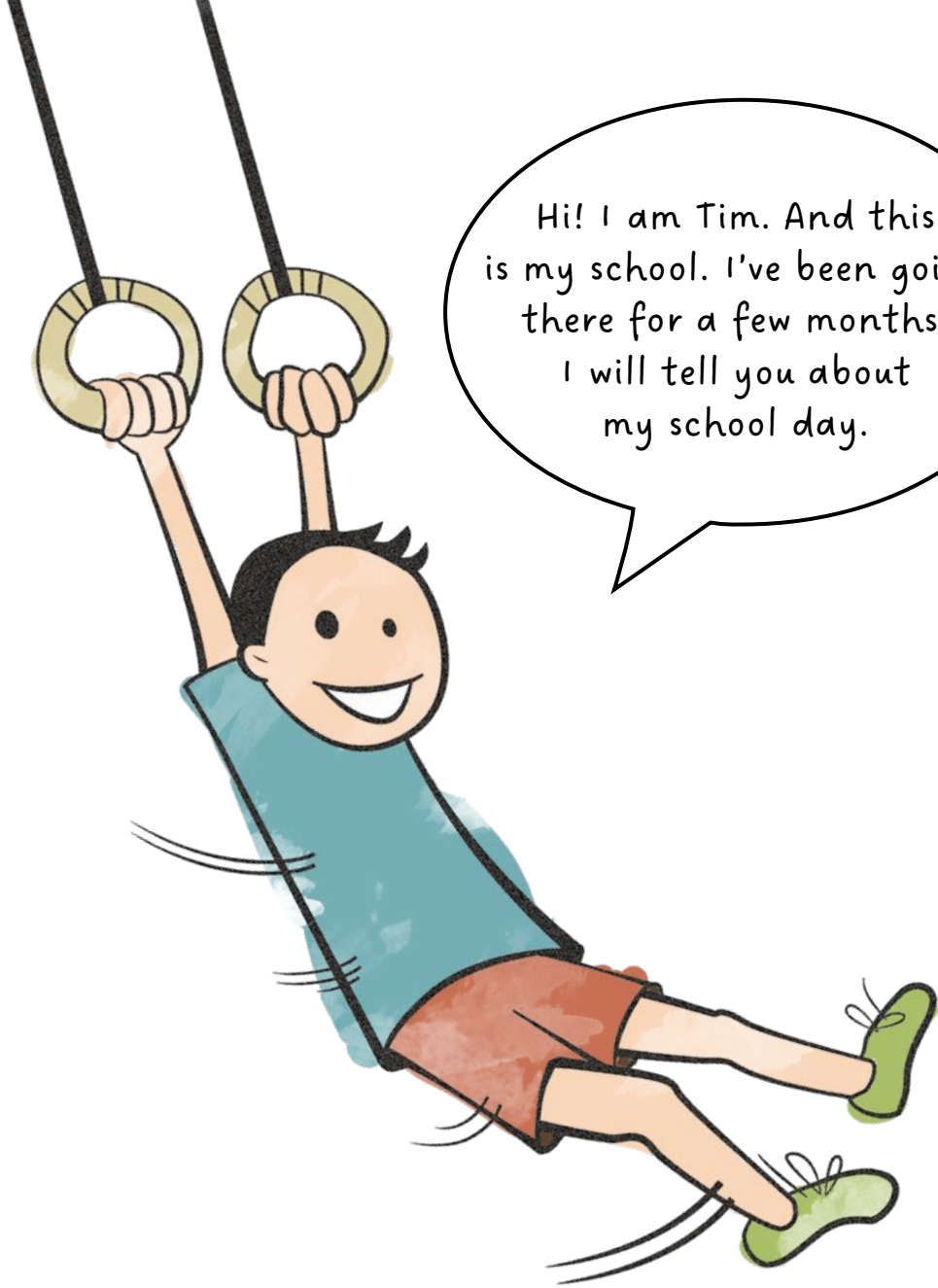
I would like to wish everyone success as school life gets underway.

Julia Willie Hamburg

Julia Willie Hamburg

Lower Saxony Minister of Education





Hi! I am Tim. And this is my school. I've been going there for a few months. I will tell you about my school day.

Hello. We are Tim's parents.
We will tell you how we support
Tim during his school day.



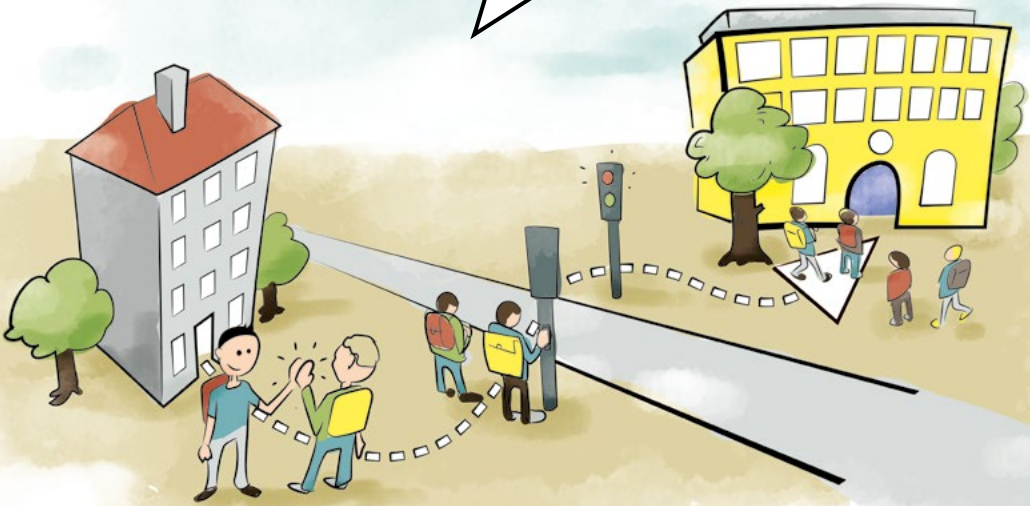
I like muesli
for breakfast.



We wake Tim up in time so we can have breakfast together.

Tip 1: Get up in time and have breakfast together

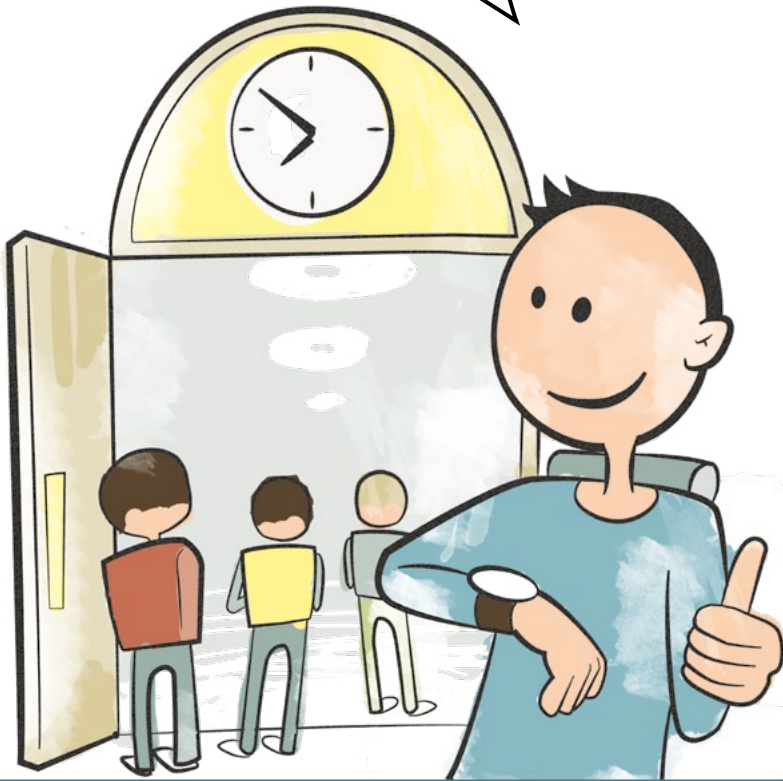
My journey to school is not long. I walk to school, sometimes together with other children from my class.



After enrollment we accompanied Tim to school for a couple of days. **Now he can manage on his own.**

Tip 2: Walk to school by yourself

The bell will soon ring and school is about to start. We are in school on time, we are not late.



We send Tim to school early enough so he gets there on time.

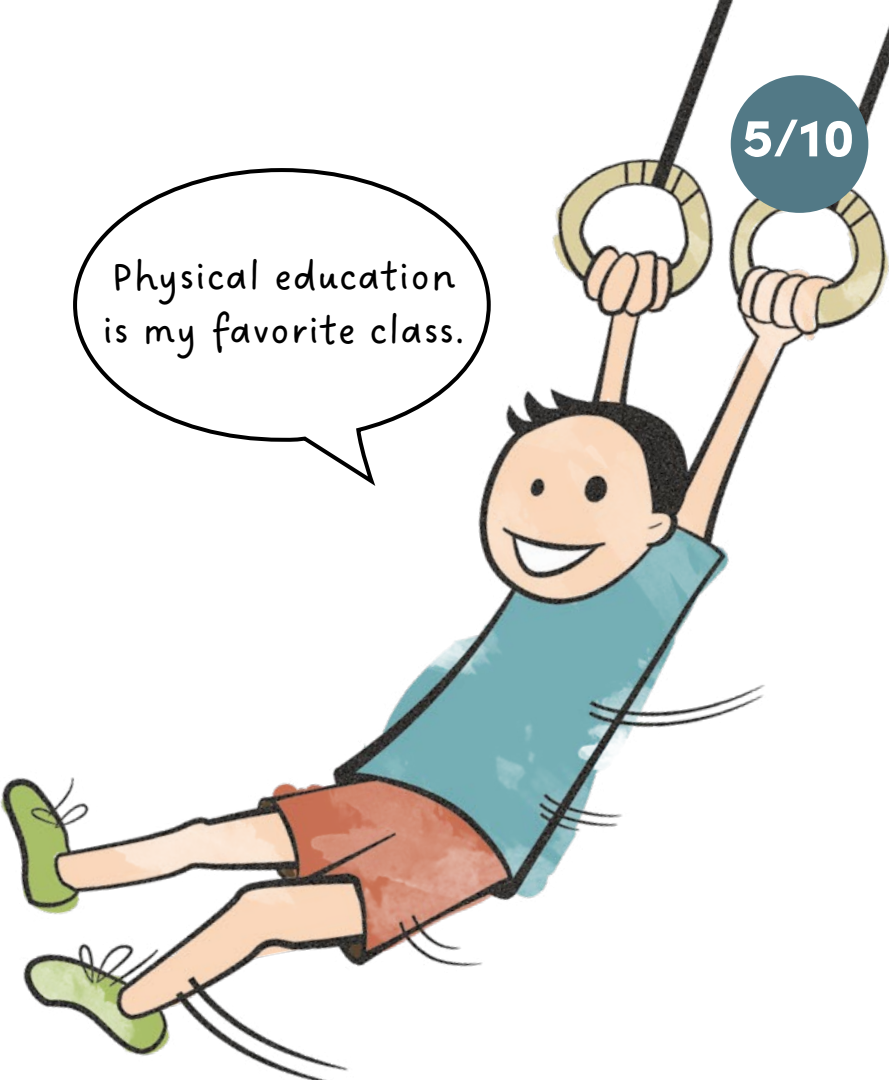
Tip 3: Make sure to be at school before class starts.

We drew pictures in class. Now our teacher is looking at them and gives us advice on how we can improve them further.



Tim shows us **the things he did in school**.
We show interest in them.

Tip 4: Pay attention during class and get involved.



Physical education
is my favorite class.

We make sure Tim takes his sports gear with him when he has PE class: sport clothing, sport shoes. Every day we help him organize and pack his bag for school.

Tip 5: Organize and pack the schoolbag every day.

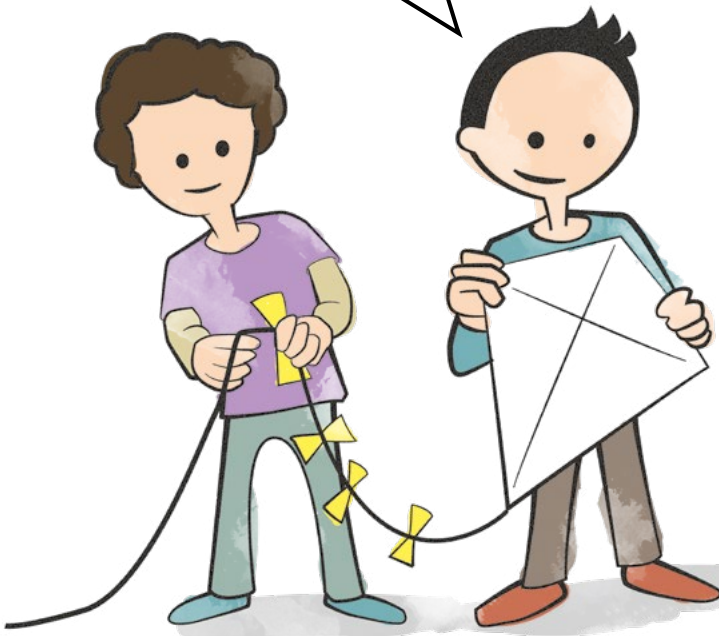
I have lunch in the school cafeteria. It's often tasty and my friends eat there, too.



We signed Tim up for **lunch at school** and pay for it. Also we pack him **a healthy snack and a drink** for the long break.

Tip 6: Eat and drink enough healthy food and beverages at school

At our full-time school I attend the craft group. At the moment we're building a kite. Will it be able to fly?



Tim is enjoying what the full-time programme has to offer – **and we know that he is taken good care of.**

Tip 7: Make use of existing all-day programs

I'm learning to read and write now. For that I need to concentrate so I can do everything right.



We are happy about Tim's progress in reading and writing. He likes practising at home. That is why he has **his own desk**. We ask about his homework every day and let him explain to us what he did.

Tip 8: Practice for school at home in peace.



It's important to us that **the family eats dinner together**. That way, everyone can talk about their day – and we can ask Tim about his day at school.

Tip 9: Eat dinner together and talk about the day.



We read to Tim every evening. He enjoys it – and so do we.

Tip 10: Read to your child before she / he falls asleep.

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Herausgeber:



Niedersächsisches
Kultusministerium

Press Office, Hans-Böckler-Allee 5
30173 Hannover
www.mk.niedersachsen.de

Illustration and Layout:

Jan Paschetag

Photography:

Sven Brauers

Any more questions?

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